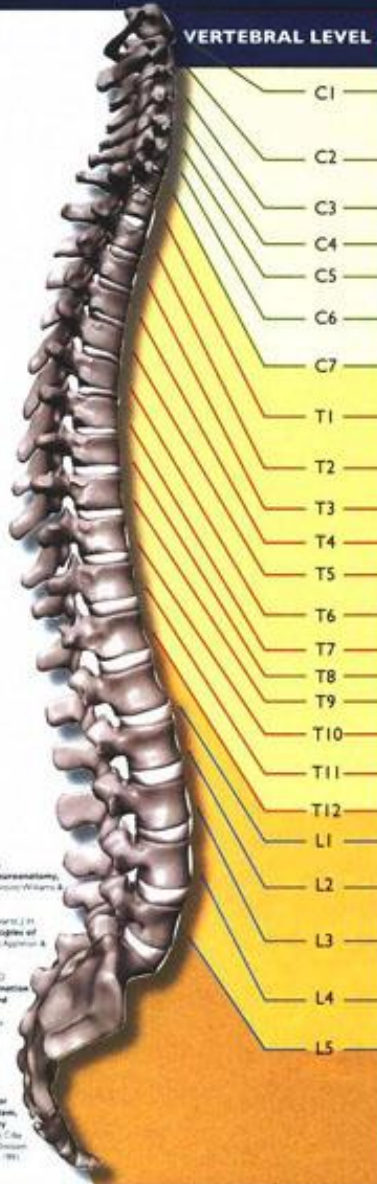


# Spinal Nerve Function

Every Cell of Your Body Has a Nerve Component



| VERTEBRAL LEVEL | NERVE ROOT* | INNERVATION   | POSSIBLE SYMPTOMS  |
|-----------------|-------------|---|--|
| C1              | C1          | Intracranial Blood Vessels  | Headaches • Migraine Headaches   |
| C2              | C2          | • Eyes • Lacrimal Gland   | • Dizziness • Sinus Problems   |
| C3              | C3          | • Parotid Gland • Scalp   | • Allergies • Head Colds • Fatigue   |
| C4              | C4          | • Base of Skull • Neck  | • Vision Problems • Runny Nose   |
| C5              | C5          | Muscles • Diaphragm   | • Sore Throat • Stiff Neck   |
| C6              | C6          | • Neck Muscles • Shoulders  | • Cough • Croup • Arm Pain   |
| C7              | C7          | • Elbows • Arms • Wrists  | • Hand and Finger Numbness   |
| C8              | C8          | • Hands • Fingers • Esophagus • Heart • Lungs • Chest                                   | or Tingling • Asthma • Heart Conditions • High Blood Pressure  |
| T1              | T1          | Arms • Esophagus  | Wrist, Hand and Finger   |
| T2              | T2          | • Heart • Lungs • Chest   | Numbness or Pain • Middle Back   |
| T3              | T3          | • Larynx • Trachea  | Pain • Congestion • Difficulty   |
| T4              | T4          |   | Breathing • Asthma • High Blood  |
| T5              | T5          | Gallbladder • Liver   | Pressure • Heart Conditions  |
| T6              | T6          | • Diaphragm • Stomach   | • Bronchitis • Pneumonia   |
| T7              | T7          | • Pancreas • Spleen   | • Gallbladder Conditions   |
| T8              | T8          | • Kidneys • Small Intestine   | • Jaundice • Liver Conditions  |
| T9              | T9          | • Appendix • Adrenals   | • Stomach Problems • Ulcers  |
| T10             | T10         |   | • Gastritis • Kidney Problems  |
| T11             | T11         | Small Intestines • Colon • Uterus   |  |
| T12             | T12         | Uterus • Colon • Buttocks   |  |
| L1              | L1          | Large Intestines  | Constipation • Colitis • Diarrhea  |
| L2              | L2          | • Buttocks • Groin  | • Gas Pain • Irritable Bowel   |
| L3              | L3          | • Reproductive Organs   | • Bladder Problems • Menstrual   |
| L4              | L4          | • Colon • Thighs • Knees  | Problems • Low Back Pain   |
| L5              | L5          | • Legs • Feet   | • Pain or Numbness in Legs   |
| SACRAL          | SACRAL      | Buttocks • Reproductive Organs • Bladder • Prostate Gland • Legs • Ankles • Feet • Toes | Constipation • Diarrhea • Bladder Problems • Menstrual Problems • Lower Back Pain • Pain or Numbness in Legs |

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